

**Guest Information:** We are glad that you are here today in worship with us. We have information cards located at the check-in station in the church entry. Please take a moment and fill out as much information as you fill comfortable. We will take this information and add it to our database. If you would like to receive our weekly newsletter please check the box and we will add you to our distribution list.

**Our Young Disciples Zone,** at the back of the sanctuary, is open for families with young children and children's bulletins are available on the bookshelf. A nursery is available for children 0-5 years old. It is located down the main hallway and the second hallway to the right in the Bear classroom.

**Bathrooms** are located at the back of the sanctuary through the double doors. Family restrooms with changing tables are available in the main hallway.

**Hearing Aid Loop:** Our sanctuary has a Hearing Loop System which allows anyone with a T setting or T-coil to "tune in" to the frequency for a better-quality audio experience. There are also other sets available for those who do not have hearing aids that adapt.



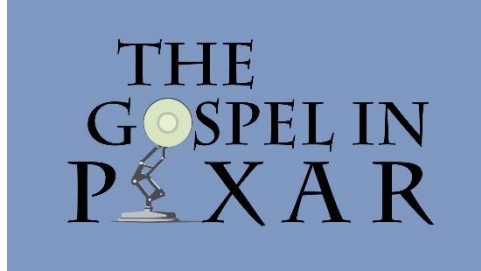
**Today's full service may be watched on [lafumc.churchcenter.com](http://lafumc.churchcenter.com), our website and Facebook. Recordings of the full service and just the message are posted on our YouTube channel on Monday**

### **Calendar this Week**

- July 7:** 9 a.m. Bible History Class Hybrid on Zoom/In-person in Friendship Center (A16)  
10 a.m. Traditional Worship  
11:30 a.m. Inquirer's Class Hybrid on Zoom/In-person in Teacher's Lounge (B12)
- July 8:** 1:30 p.m. Clubhouse Knitters, Ridge Park Clubhouse, 505 Oppenheimer Dr.
- July 10 :** 6:30 p.m. *WALL-E* in Friendship Center (A16)  
7 p.m. STAR NA support group in Library (C1)  
7 p.m. Troop 2 in Fellowship Hall (C5)
- July 11:** 7 p.m. Troop 122 in Fellowship Hall (C5)
- July 14:** 9 a.m. Bible History Class Hybrid on Zoom/In-person in Friendship Center (A16)  
10 a.m. Contemporary Worship – Mother's Day  
11:30 a.m. Inquirer's Class Hybrid on Zoom/In-person in Teacher's Lounge (B12)  
11:30 a.m. Board Game Night



**WE ARE**  
**Christ-Centered · Prayerful · Inclusive · Growing Spiritually ·**  
**Compassionate & Caring · In Service & Mission**



**July 7, 2024**  
**Seventh Sunday after Pentecost**  
**10 a.m. Traditional Worship Service**

**WE PREPARE**

\*Please stand as you are comfortable.

**Serving in Worship**

**Lay Reader:**

Dennis Gill

**Music**

Valerie Collins  
Yelena Mealy

**AV Team:**

Don Casperson  
Linda Collier  
Abigail

**Ushers:**

Geniece Courtright  
Ann LePage

**Communion Servers**

Opal Lee Gill  
Julie Risch

**Staff**

**Senior Pastor**

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[pastor@lafumc.org](mailto:pastor@lafumc.org)

**Director of Faith  
Development**

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[faith@lafumc.org](mailto:faith@lafumc.org)

**Music Director**

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[dirmusic@lafumc.org](mailto:dirmusic@lafumc.org)

**Office Manager**

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**Bookkeeper**

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**Ark Director**

Leigha Oliver  
[arkdirector@lafumc.org](mailto:arkdirector@lafumc.org)

**Assistant Ark Director**

Jen Hopkins  
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715 Diamond Drive  
Los Alamos, NM 87544  
505-662-6277 Church  
505-662-4822 Ark  
[FirstInYourHeart.org](http://FirstInYourHeart.org)

**Gathering Music**

**Welcome**

**\*Call to Worship**

Leader: Great is the Lord, and greatly to be praised.

**People: We come into the house of the Lord to give praise.**

Leader: God's holy mountain is the joy of all the earth.

**People: We ponder God's steadfast love to the world.**

Leader: Let all the people rejoice.

**People: Our God reigns forever and ever.**

**\*Opening Prayer**

**God of Liberty,**

**you have set us free in Christ,  
not so that we can do whatever we want,  
to indulge our every desire and whim;  
but, instead, to follow you,  
to be servants to the world,  
to love your creation as you do.**

**And yet, you have created us  
all unique and beautiful as we are,  
with different gifts and graces  
in order to do the work  
to which you have called us.**

**Help us to claim our freedom in Christ  
in order to seek first your Kingdom  
and the righteousness  
into which we have been claimed. Amen.**

**\*Opening Hymn: UMH #519 Lift Every Voice and Sing**

## WE HEAR

**Affirmation of Faith:** W&S 77

**In defiance of corruption and falsehood,  
we commit to truth and integrity  
and we pray for honest and uprightness  
to increase in our world.**

**In defiance of apathy and hatred,  
we choose to be proactive in love  
and we pray for understanding and peace  
to increase in our world.**

**In defiance of skepticism and cynicism,  
we embrace the mystery of faith  
and we pray for humility and wonder  
to increase in our world.**

**In defiance of self-interest and human arrogance,  
we celebrate God's salvation  
and we pray for compassion and faith  
to increase in our world.**

**In defiance of all that would oppose God's purpose among us,  
we choose again to follow Christ,  
and we continue to pray,  
not just now, but at all times. Amen.**



**Musical Response:** UMH #70 *Glory Be To The Father*

**Prayer for Illumination**

**Gracious God,  
as we turn to your word for us,  
may the Spirit rest upon us.  
Help us to be steadfast in our hearing,  
in our speaking, in our believing,  
and in our living. Amen.**

**Epistle Reading:** Romans 2:1-11

**Gospel Reading:** Mark 6:1-13

**\*Hymn of Preparation:** UMH #548 *In Christ There is No East or West*

**Message:** "Anyone Can Cook"

## WE RESPOND



**\*Hymn of Response:** UMH #618 *Let Us Break Bread Together*

**Work of the Church**

**Prayer**

**Offering**

## Special Music

**\*Doxology:** UMH #95 *Praise God, From Whom All Blessings Flow*

## Communion

### \*Lord's Prayer

**Our Father who art in heaven,  
hallowed be thy name.**

**Thy kingdom come, thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread  
forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us, not into temptation,  
but deliver us from evil:**

**For thine is the kingdom, and the power,  
and the glory, forever. Amen.**

## Giving Bread and Cup

### Prayer After Communion

**\*Disciples Hymn:** W&S #3154 *Draw the Circle Wide*

### \*Blessing and Sending Forth

## Postlude



**Notes:** CCLI: #180709/**Streaming:** #20126721/**CVLI:** #304307261

**Call to Worship:** Rev. John W. Nash based upon Psalm 48

**Opening Prayer:** Rev. John W. Nash

**Lift Every Voice and Sing:** J. Rosamond Johnson and James Weldon Johnson © Public Domain

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**Prayer for Illumination:** Anonymous

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**Let Us Break Bread Together:** William Farley Smith © 1989 The United Methodist Publishing House

**Prayer:** Feasting on the Word: Worship Companion, © 2015 Westminster John Knox Press

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