

Weekly Scripture Readings
June 28, 2020

John Wesley, the founder of the Methodist movement, instructed us to "stay in love with God" by worshipping, studying scripture, attending Communion, fasting and through public and private prayers. In order to help facilitate daily scripture reading and prayer, this insert contains readings for each day as well as a prayer for the week. The scriptures from Monday through Wednesday reference the readings for the prior Sunday, and Thursday through Saturday reference the scriptures for the following Sunday. We hope that these daily scripture readings and prayer will help you to deepen your relationship with God as we seek to live into our call to be disciples of Christ.

Genesis 4:1-16 (NRSV)

Now the man knew his wife Eve, and she conceived and bore Cain, saying, 'I have produced a man with the help of the LORD.' Next she bore his brother Abel. Now Abel was a keeper of sheep, and Cain a tiller of the ground. In the course of time Cain brought to the LORD an offering of the fruit of the ground, and Abel for his part brought of the firstlings of his flock, their fat portions. And the LORD had regard for Abel and his offering, but for Cain and his offering he had no regard. So Cain was very angry, and his countenance fell. The LORD said to Cain, 'Why are you angry, and why has your countenance fallen? If you do well, will you not be accepted? And if you do not do well, sin is lurking at the door; its desire is for you, but you must master it.'

Cain said to his brother Abel, 'Let us go out to the field.' And when they were in the field, Cain rose up against his brother Abel and killed him. Then the LORD said to Cain, 'Where is your brother Abel?' He said, 'I do not know; am I my brother's keeper?' And the LORD said, 'What have you done? Listen; your brother's blood is crying out to me from the ground! And now you are cursed from the ground, which has opened its mouth to receive your brother's blood from your hand. When you till the ground, it will no longer yield to you its strength; you will be a fugitive and a wanderer on the earth.' Cain said to the LORD, 'My punishment is greater than I can bear! Today you have driven me away from the soil, and I shall be hidden from your face; I shall be a fugitive and a wanderer on the earth, and anyone who meets me may kill me.' Then the LORD said to him, 'Not so! Whoever kills Cain will suffer a sevenfold vengeance.' And the LORD put a mark on Cain, so that no one who came upon him would kill him. Then Cain went away from the presence of the LORD, and settled in the land of Nod, east of Eden.

Psalm 13 (NRSV)

To the leader. A Psalm of David.

How long, O LORD? Will you forget me for ever?
How long will you hide your face from me?
How long must I bear pain in my soul,
and have sorrow in my heart all day long?
How long shall my enemy be exalted over me?

Consider and answer me, O LORD my God!
Give light to my eyes, or I will sleep the sleep of death,
and my enemy will say, 'I have prevailed';
my foes will rejoice because I am shaken.

But I trusted in your steadfast love;
my heart shall rejoice in your salvation.
I will sing to the LORD,
because he has dealt bountifully with me.

Romans 6:12-23 (NRSV)

Therefore, do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace.

What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

